

How to collect a rectal sample from home



CIRRUSDX

Your home collection kit contains: (1) specimen bag, (1) test requisition form, (1) sterile swab and NEST® tube labeled with patient name and DOB, (1) pre-paid FedEx clinical return pak

Follow these steps:

Check	Make sure your information is correct on the test requisition form and transport tube.
Write	Write the date you collect your sample in the highlighted area on the test requisition form.
Clean	Thoroughly wash your hands.
Remove	Carefully remove the swab from the packaging without touching the soft tip.
Collect	(1) Hold the swab between your thumb and forefinger. (2) With one leg raised and steadied, pull back one buttock with the non-occupied hand. (3) Carefully insert the swab into the rectum about 1-2 inches (3-5 cm) past the anus. (4) Gently rotate the swab in a circular motion for at least 10 seconds. (5) Gently remove the swab from your anus. (6) Place the soft tip of the swab into the collection tube. (7) Break swab at the scoreline, place it into the supplied NEST® tube, and screw cap on firmly.
Pack	Place your sample in the specimen bag and close it. Put your folded requisition form in the outer sleeve and seal the specimen bag in the pre-paid FedEx clinical return pak.
Send	Call 1-800-GO-FEDEX to arrange pick up of your sample. Or drop it off in a FedEx box or at a FedEx shipping center.*

*Please note, samples shipped out on Fridays will be accepted for Saturday delivery and testing.

Questions? We're here to help.

Call **1-240-813-8801** Monday – Friday, 8 AM to 9 PM ET.
Or email us: reports@cirrusdx.com